

Your Family Scenario Being a Better Scene

Ephesians 4

Vs 29a

Do not let any unwholesome talk come out of your mouths...

Unwholesome – corrupt – foul – abusive

Unwholesome – rotten (fruit or fish)

Vs 29b

...but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Words that build wisdom, goodness, good judgment, righteousness

Words of love and respect

Words that lift up, value, and cheer for another

Vs 30

And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption.

Joshua 24:15

But if serving the LORD seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your forefathers served beyond the River, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the LORD."

Vs 31

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.

Bitterness – unmerciful

Rage – outburst of anger

Anger – an unresolved irritation

Brawling – shouting

Slander – words spoken with the intent of hurting another

Malice – meanness

Vs 32

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Kindness

Well-mannered and helpful to each other

Compassion

Easily moved to sympathize with one in distress

Forgiveness

Release from punishment for wrongdoing